



Programme Interfaith : Unity in Diversity April-July 2026

All events are on Thursday evenings 6-7pm at St Marys' apart from May 14th event to be held at St Johns Church, Bridgetown. Events are free though do please consider bringing a donation.

<p>April 16th 2026</p>	<p>Father Jim and the Unity in Diversity community. For half an hour only this week : 6 - 6.30pm</p>	<p><i>Silence : Holding the World as One.</i> Come join us for silent prayer, in holding the world in our hearts and minds within the sacred space of St Marys.</p>
<p>April 23rd 2026</p>	<p><u>Carlos Glover</u> Carlos is a father of two and is expecting his first grandchild. He is a carrier of Earth Medicine and the author of 'Earth Wisdom Teachings – Practical Wisdom through the eight directions of the Medicine Wheel.' He runs ceremonies and vision quests.</p>	<p><u>The Way of Unity in Diversity in Daily Life</u> It's easy to appreciate diversity in nature, but what happens when we meet diversity in other humans? We can be polarised by other people's views, traditions, styles, behaviour. "Hell is other people," as Jean-Paul Sartre put it. Tonight we explore embracing diversity - not only as a spiritual practise but as a way of evolving our collective consciousness beyond the turbulence we see in our world. Because through embracing the diversity of the ten thousand forms we can experience the unity of all Creation.</p>
<p>April 30th 2026</p>	<p><u>Helen Raphael Sands.</u> Artist, Community Artist, Writer. Helen has worked with the Chartres Labyrinth for thirty years, having copied the twelve pathway design onto canvas in the run up to the year 2000, as a millennium project. She has laid it in venues all over the UK, and written a book : 'Labyrinth – pathway to meditation and healing.' Gaia.2001.</p>	<p><u>An Introduction to Treading the Chartres Labyrinth.</u> Helen will tell the story of her own pilgrimage with the Chartres Labyrinth, as a channel for meditation and healing. Her 20 sq.ft. canvas replica is to be laid out in the church in front of the altar, to join with World Labyrinth Day tomorrow (see below). In this evening she will bring A4 copies of the design for people to trace the pathway</p>

		with pens. This is as preparation for walking the canvas on Fri.1 May, the eve of World Labyrinth Day .
Friday 1 st May	Helen Sands + community	<p><u>Joining with World Labyrinth Day.</u></p> <p>An extra Friday event at St Marys to join with people around the globe marking World Labyrinth Day 2026 : Walking as One for Peace, with people across the globe.</p> <p>Come bring your prayers and intentions for yourself and the world. A moving meditation and pilgrimage for Peace at this time of major global events.</p> <p>There will be people there to greet and guide you, with music at various times. Come to St Marys anytime between 2-5pm and/or 6-8pm. A free event.</p>
7 th May 2026	<p><u>Kirsten Kratz</u></p> <p>Kirsten has practiced Buddhist meditation since 1993. She started teaching Insight Meditation in 2006, is supporting those on personal retreat in Gaia House, Devon and sees activism as an important expression of her spiritual practice.</p> <p>Kirsten will continue this theme over three consecutive Thursday evenings, to deepen the practices. You are welcome to join for all -to deepen your connection to the whole teaching - or to some of them.</p>	<p><u>Touching the Earth</u></p> <p>Buddhist teachings point to the immeasurable potential of our hearts and minds. They invite us to explore and realise this potential, and to recognise that – no matter what challenges we may face – we can choose which qualities of our heart-mind we wish to cultivate, nurture, cherish and serve.</p> <p>Inspired by practices of the Plum Village tradition, we will explore a practice of contemplating five different expressions of our deep interconnectedness and unique place in the web of life. These five contemplations are each combined with a mindful prostration or gentle bowing. By physically lowering our bodies to touch the earth -and being touched by it in return- we honour our profound interdependence across space and time.</p> <p>If you wish to listen to the five contemplations to get an idea of what they are like, please click here. (https://dharmaseed.org/talks/88215/)</p>

14 th May 2026	<u>Kirsten Kratz</u> This evening only to be held at St Johns Church, Bridgetown, same time of 6-7pm.	
21 st May 2026	<u>Kirsten Kratz</u>	
28th May 2026	Half term	
1 st – 12 th June 2026	St Marys Church closed for further renovation work.	
18 th June 2026	<u>Esha Kansal and Amit Miglani</u> Esha has lived between India and the UK for most of her life. She has studied Vedanta, (Indian philosophy) for over 18 years, and her practice of Yoga is an integral part of her spiritual journey. Amit was born into a family where bhakti yoga is a daily ritual. After a motorcycle accident, he turned to yogic practice as a natural path to recovery. He has pursued advanced training in Ashtanga, Hatha, Iyengar, and Pranayama in Rishikesh, India.	<u>Journey to Yoga</u> Come and join us for conscious conversation about the harmonisation of Yoga, rooted in ancient wisdom. The evening will include integrated practice and mindful connection with your self and source. All are welcome.
25 th June 2026	<u>Sara Moon</u> Sara is an ordained Kohenet /Hebrew Priestess and earth-based Jewish educator. She is the co-founder of Miknaf Ha'aretz, which organises around food and land justice issues inspired by ancient Jewish earth-based wisdom. Sara will lead two sessions on this theme.	<u>Divine Feminine in Judaism,</u> In this session we will meet and connect to the earth, Biblical female ancestors and the divine through Hebrew chants, song, prayer and the body
2 nd July	<u>Sara Moon</u>	
9th July – 3rd Sept 2026	Gap for 9 weeks (holidays)	